

P&S Coconut Pineapple Protein Seltzer*



SERVINGS: 2

PREP TIME: 5 MINUTES

COOKING TIME: 0 MINUTES

INGREDIENTS

- 0.5 can Shaklee Sparkling Protein
- 0.5 cup [113 g] Light Coconut Milk
- 2 fl oz [62.4 g] Pineapple Juice
- 1 tsp [7.1 g] Honey (*just to rim glass with coconut*)
- 1 tbs [28.35 g] Dried Coconut (Shredded, Sweetened)

DIRECTIONS

1. If desired - Thinly coat the rim of your glass with honey and dip in coconut flakes. Add ice to glass. Mix coconut milk and pineapple juice in glass. Add seltzer.

NUTRITION INFO

Calories : 108

Fat : 5.04 g

Carbs : 7.77 g

Protein : 10.12 g

Fiber : 0.75 g

Sugar : 5.86 g