

# Matcha latte



SERVINGS: 1

PREP TIME: 5 MINUTES

COOKING TIME: 0 MINUTES

## INGREDIENTS

- 1 cup [240 ml] Organic Unsweetened Almond Milk
- 1 tsp [1.7 g] Pumpkin Pie Spice (*More if you like. Cinnamon, nutmeg, cardamom, ginger, cloves, allspice*)
- 2 scoop Shaklee Life Shake - Vanilla (*use a little less if you find the Life Shake to be sweet*)
- 4 ounce matcha (*or 1tsp dry matcha*)
- 1 tbs [32 g] Creamy Almond Butter (Kirkland Signature)

## DIRECTIONS

1. blend almond milk, shaklee life shake, matcha pumpkin pie spice.
2. pour over ice

## NUTRITION INFO

Calories : 306

Fat : 16.21 g

Carbs : 22.18 g

Protein : 24.6 g

Fiber : 6.55 g

Sugar : 5.26 g